## CONTROL Stop The Spread OF Germs OF Germs

## Help prevent the spread of respiratory diseases like COVID-19



Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.

Please note that FastMed is NOT a COVID-19 testing center at this time, but we can evaluate your symptoms and refer you as needed.







## Patients with COVID-19 have experienced mild to severe respiratory illness.







**FEVER** 

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\*Symptoms may appear 2-14 days after exposure.

Seek medical attention if you develop symptoms, have been in close contact with someone who has COVID-19, or if you live in or have recently traveled to an area with ongoing spread of COVID-19.



